

## *Supervising Young Children*



Solution  
Based  
Casework

It is important (and sometimes a challenge!) to:

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1. Always **keep your child within sight and hearing distance by planning ahead.**
2. Make it a goal to **always make a quick scan** for potential objects or situations that are near and could harm your child.
3. When you allow your child to play outdoors, practice being **aware of the outside environment,** just as you did indoors.
4. Make it a priority to **put barriers around potential dangers,** such as radiators, stairs, open windows, chemicals, drugs, and matches.
5. Children are curious so it is important to **have door locks, or door catchers on cabinets** out of reach of young children.
6. Parents will want to **have a specific plan for firearms** in the home. Gun experts view gunlocks as an absolute necessity.
7. Parents find it important to **choose age appropriate friends** as well as **age appropriate toys or equipment.**
8. Parents who have to leave the home to use the phone need a special **plan to supervise the children during phone calls.**
9. Parents find it helpful to **confirm baby-sitting arrangements,** and make sure the sitter has emergency numbers.
10. Parents with even a small substance abuse problem should **have a plan** to keep substance use from threatening their children's safety.