

Sexually Reactive Children



Solution
Based
Casework

Dana N. Christensen, PhD

1. Parents will want to **respect each family member's privacy** by having family rules around bathing, dressing, and sleeping.
2. It is helpful for parents to provide clear instruction and **support for not keeping secrets.**
3. Parents will need to teach their children, with the help of others, about **acceptable and non-acceptable touching** behavior for themselves and others.
4. The children may need help from their parents or others to learn the **difference between affection and sexual touch.**
5. These children find it helpful to **talk about their feelings and fears in a safe environment.**
6. Parents will want to develop a **positive plan for managing behaviors** such as nightmares, bedwetting, soiling, aggression, masturbation, etc.
7. These children benefit from patient parents with clear expectations. **Parents may need a personal plan** to help keep themselves calm and non-reactive.
8. Parents need a plan to ensure that **others respect their child's physical and emotional boundaries.** This would include other family members, caretakers, and family friends.